

Washington Behavioral Risk Factor Surveillance System

2003 Tobacco Survey Results

Douglas County

What is your age?

n = 197

18 - 34	28.4%	(± 7.5%)
35 - 54	40.9	(± 7.7)
55 - 74	22.1	(± 6.0)
75+	8.6	(± 4.3)

Gender

n = 197

Male	50.6%	(± 7.9%)
Female	49.4	(± 7.9)

Which one of these groups would you say best represents your race...

n = 195

White	84.5%	(± 6.8%)
Black or African American	0.6	(± 1.1)
Asian	0.2	(± 0.4)
Native Hawaiian or Other Pacific Islander	0.0	(± 0.0)
American Indian, Alaska Native	1.2	(± 1.6)
Other race	13.6	(± 6.7)
No preferred race	0.0	(± 0.0)

Are you Hispanic or Latino/Latina?

n = 197

Yes	16.6%	(± 7.0%)
No	83.4	(± 7.0)

Marital status

n = 197

Married	67.7%	(± 7.3%)
Divorced	7.9	(± 3.5)
Widowed	5.2	(± 2.8)
Separated	2.8	(± 2.4)
Never been married	14.4	(± 6.3)
Or a member of an unmarried couple	2.0	(± 2.2)

How many children less than 18 years of age live in your household?

n = 197

None	51.5%	(± 7.8%)
1	15.6	(± 6.1)
2	13.1	(± 4.9)
3 or more	19.8	(± 6.7)

What is the highest grade or year of school you completed?

n = 197

Some high school or less	17.7%	(± 6.6%)
High school graduate or GED	28.8	(± 7.3)
Some college or technical school	28.1	(± 7.0)
College graduate or more	25.5	(± 6.3)

Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .	n = 197	
Employed for wages	47.2%	(± 7.9%)
Self-employed	9.0	(± 3.9)
Out of work	7.6	(± 4.6)
Homemaker	10.6	(± 5.1)
Student	1.8	(± 2.2)
Retired	18.8	(± 6.0)
Or unable to work	5.0	(± 3.7)

Annual household income from all sources	n = 175	
Less than \$20,000	14.3%	(± 6.1%)
\$20,000 to less than \$50,000	52.3	(± 8.3)
\$50,000 or more	33.3	(± 7.7)

Have you smoked at least 100 cigarettes in your entire life?	n = 242	
Yes	50.8%	(± 7.3%)
No	49.2	(± 7.3)

Among those that have smoked at least 100 cigarettes in their entire life:		
Do you now smoke cigarettes everyday, some days, or not at all?	n = 123	
Everyday	31.7%	(± 9.3%)
Some days	11.5	(± 7.4)
Not at all	56.8	(± 10.3)

Among current smokers:		
During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?	n = 53	
Yes	70.6%	(± 13.2%)
No	29.4	(± 13.2)

Current cigarette smoking prevalence:	n = 242	
(every day or some day smokers among the whole population)	22.0%	(± 6.0%)

Among those that have smoked at least 100 cigarettes:		
Did you smoke any cigarettes during the past 30 days?	n = 97	
Yes	41.1%	(± 11.0%)
No	58.9	(± 11.0)

Among those that have smoked in the past 30 days:		
On how many days of the past 30 days did you smoke cigarettes?	n = 41	
Less than 30 days	*	*
30 days	*	*

Among those that have smoked in the past 30 days:		
On average, about how many cigarettes per day do you smoke, on the days that you do smoke?	n = 41	
Average:	*	*

Estimates based on sample sizes less than 50 were omitted.

Have you ever tried using smokeless tobacco, like chew, dip or snuff?	n = 194	
Yes	25.9%	(± 7.2%)
No	74.1	(± 7.2)

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?	n = 41	
None	*	*
Less than 30 days	*	*
30 days	*	*

Current smokeless tobacco prevalence:	n = 194	
(any use in past 30 days among the whole population)	2.1%	(± 2.1%)

Do you currently smoke tobacco in a pipe?	n = 194	
Yes	1.6%	(± 2.3%)
No	98.4	(± 2.3)

In the past month, have you smoked a cigar, even just a puff?	n = 194	
Yes	6.3%	(± 4.3%)
No	93.7	(± 4.3)

In the past month, have you smoked bidis?	n = 194	
Yes	0.4%	(± 0.8%)
No	99.6	(± 0.8)

In the past month, have you smoked clove cigarettes?	n = 194	
Yes	0.6%	(± 1.1%)
No	99.4	(± 1.1)

Current tobacco use (all types of tobacco)	n = 194	
Current daily tobacco user	24.9%	(± 6.9%)
Current non-tobacco user	75.1	(± 6.9)

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily?	n = 55	
Within the past month (less than 1 month ago)	1.9%	(± 3.7%)
Within the past 3 months (1-3 months ago)	1.2	(± 2.4)
Within the past 6 months (3-6 months ago)	1.3	(± 2.6)
Within the past year (6-12 months ago)	2.6	(± 3.7)
Within the past 5 years (1-5 years ago)	35.1	(± 14.9)
Within the past 15 years (5-15 years ago)	22.6	(± 11.9)
More than 15 years ago	31.5	(± 12.5)
Never used regularly	3.8	(± 7.3)

Estimates based on sample sizes less than 50 were omitted.

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 54

Average: 21.2 (± 6.0)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 48

Yes *

No *

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 48

Yes *

No *

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 48

Yes *

No *

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 93

Strongly agree 43.2% (± 11.4%)

Somewhat agree 28.2 (± 10.7)

Somewhat disagree 13.6 (± 7.7)

Strongly disagree 15.0 (± 8.1)

Among current/former tobacco users:

When was the last time a family member or friend advised you to quit, if ever? n = 94

Within the past year (1-12 months) 37.9% (± 11.0%)

Within the past three years (1-3 years) 6.7 (± 6.3)

3 or more years ago 23.8 (± 9.7)

They never advised me to quit 31.6 (± 10.9)

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 96

Within the past year (1-12 months) 22.7% (± 9.2%)

Within the past three years (1-3 years) 11.1 (± 6.6)

3 or more years ago 16.4 (± 8.8)

They never advised me to quit 49.8 (± 11.4)

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever?			n = 97
Within the past year (1-12 months)	8.0%	(± 7.1%)	
Within the past three years (1-3 years)	8.9	(± 6.6)	
3 or more years ago	11.2	(± 7.3)	
They never advised me to quit	71.8	(± 10.6)	

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?			n = 54
Yes	33.3%	(± 14.0%)	
No	66.7	(± 14.0)	

Among current/former tobacco users:

How many times in your life have you seriously tried to quit using tobacco?			n = 86
0	7.1%	(± 6.9%)	
1-2	52.2	(± 12.0)	
3-5	18.0	(± 9.9)	
6 or more	22.6	(± 9.9)	

**About how long has it been since you last visited a DOCTOR for a routine
checkup?** n = 191

Within the past year (1-12 months ago)	74.4%	(± 7.2%)
Within the past two years (1-2 years ago)	11.6	(± 5.0)
Within the past 3 years (2-3 years ago)	7.3	(± 4.8)
Within the past 5 years (3-5 years ago)	2.4	(± 2.7)
5 or more years ago	3.2	(± 2.4)
Never	1.1	(± 2.1)

**What type of health coverage do you use to pay for most of your medical care? Is
it coverage through. . .** n = 160

Your employer	41.8%	(± 8.3%)
Someone else's employer	19.8	(± 6.6)
A plan that you or someone buys on your own	11.1	(± 5.4)
Medicare	17.3	(± 6.9)
Medicaid or Medical Assistance	7.8	(± 5.5)
The military, CHAMPUS, or the VA	2.2	(± 3.1)
The Indian Health Service	0.0	(± 0.0)
Some other source	0.0	(± 0.0)

Among current and recent former smokers:

**Within the past year, have you heard about any programs in your community to
help you quit using tobacco, such as classes, support groups or counseling
services?** n = 43

Yes	*	*
No	*	*

Among current and recent former smokers:

Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco? n = 43

Yes	*	*
No	*	*

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 33

Yes	*	*
No	*	*
Don't know/Not sure	*	*

Among current and recent former smokers:

During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco? n = 43

Yes	*	*
No	*	*

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 42

Yes	*	*
No	*	*

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 24

Yes	*	*
No	*	*

Among current tobacco users:

Would you like to quit using tobacco? n = 44

Yes	*	*
No	*	*

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 37

Yes	*	*
No	*	*

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 32

Yes	*	*
No	*	*
Don't know/Not sure	*	*

Are you currently registered to vote?		n = 193
Yes	80.6%	(± 6.9%)
No	19.4	(± 6.9)

Which of the following statements best describes the rules about smoking in your home. . .		n = 193
No one is allowed to smoke anywhere inside your home	77.3%	(± 6.8%)
Smoking is allowed at some places or at some times	13.0	(± 5.7)
Smoking is permitted anywhere inside your home	9.7	(± 4.5)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?		n = 192
No current smokers in household	67.5%	(± 7.6%)
1	19.9	(± 6.4)
2	11.1	(± 5.3)
3 or more	1.5	(± 2.0)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?		n = 192
None	79.8%	(± 6.5%)
Less than 30	8.5	(± 4.1)
30 days	11.7	(± 5.5)

If it were just up to you, would you let people smoke inside your home?		n = 192
Yes	15.3%	(± 5.4%)
No	84.7	(± 5.4)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . .		n = 112
Office	21.5%	(± 7.7%)
Store	13.2	(± 7.5)
Restaurant or Bar	5.3	(± 4.0)
Warehouse or factory	10.3	(± 7.1)
Home/Someone elses home	7.9	(± 4.7)
Outdoors	27.4	(± 9.9)
Car or truck	1.8	(± 2.2)
Classroom	9.6	(± 6.2)
Hospital	2.6	(± 2.8)
Somewhere else	0.3	(± 0.7)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?		n = 111
Yes	16.2%	(± 8.6%)
No	83.8	(± 8.6)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 107

Yes	13.3%	(± 8.0%)
No	86.7	(± 8.0)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 110

Yes	6.8%	(± 5.2%)
No	93.2	(± 5.2)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 112

None	82.4%	(± 8.9%)
Less than one hour	12.0	(± 7.5)
One hour or more	5.7	(± 5.6)

In general, would you say that breathing secondhand smoke is. . . n = 190

Not at all annoying to you	11.4%	(± 5.1%)
A little bit annoying	13.7	(± 5.5)
Somewhat annoying	19.4	(± 6.1)
Very annoying to you	55.5	(± 7.9)

Would you say that breathing secondhand smoke is. . . n = 186

Not at all harmful	6.0%	(± 3.9%)
A little bit harmful	5.7	(± 3.5)
Somewhat harmful	19.6	(± 6.5)
Very harmful	68.7	(± 7.5)

All people should be protected from secondhand smoke. n = 179

Strongly agree	59.9%	(± 8.1%)
Somewhat agree	17.3	(± 6.5)
Somewhat disagree	10.7	(± 5.0)
Strongly disagree	12.1	(± 5.4)

All children should be protected from secondhand smoke. n = 188

Strongly agree	86.3%	(± 5.4%)
Somewhat agree	4.4	(± 2.9)
Somewhat disagree	5.5	(± 3.9)
Strongly disagree	3.9	(± 2.8)

Do you think that smoking should be completely banned in restaurants? n = 191

Yes	65.7%	(± 7.6%)
No	31.2	(± 7.4)
Don't know/Not sure	3.1	(± 2.9)

Do you think that smoking should be completely banned in bars and lounges?		n = 190
Yes	24.6%	(± 6.6%)
No	64.5	(± 7.5)
Don't know/Not sure	10.9	(± 4.8)

Do you think that smoking should be completely banned in outdoor public areas where children may be present?		n = 191
Yes	54.5%	(± 7.9%)
No	43.0	(± 7.9)
Don't know/Not sure	2.6	(± 2.0)

Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.		n = 184
Strongly agree	63.1%	(± 7.9%)
Somewhat agree	18.5	(± 6.5)
Somewhat disagree	8.5	(± 4.3)
Strongly disagree	9.9	(± 5.0)

The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.		n = 185
Strongly agree	54.7%	(± 8.0%)
Somewhat agree	21.1	(± 6.5)
Somewhat disagree	10.5	(± 4.6)
Strongly disagree	13.8	(± 5.5)

School officials should make sure that all children receive anti-tobacco education.		n = 188
Strongly agree	88.1%	(± 5.0%)
Somewhat agree	8.2	(± 4.1)
Somewhat disagree	1.3	(± 2.1)
Strongly disagree	2.4	(± 2.2)

Tobacco use by adults should not be allowed on school grounds or at any school events.		n = 187
Strongly agree	85.9%	(± 5.9%)
Somewhat agree	5.0	(± 3.6)
Somewhat disagree	5.2	(± 4.3)
Strongly disagree	3.8	(± 2.8)

Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?		n = 182
Yes	52.1%	(± 8.2%)
No	47.9	(± 8.2)

Estimates based on sample sizes less than 50 were omitted.

Among people who have seen or heard of community efforts/activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? n = 104

Yes	25.5%	(± 9.5%)
No	74.5	(± 9.5)

Among people who have seen or heard of community efforts/activities:

To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years? n = 105

Yes	36.2%	(± 10.3%)
No	38.4	(± 10.8)
Don't know/Not sure	25.4	(± 9.3)

Among people who know of anti-tobacco organizations in their community:

Do you approve of what this local organization is doing to prevent tobacco use and help people quit? n = 37

Definitely yes	*	*
Probably yes	*	*
Probably no	*	*
Definitely no	*	*

There are more negative things than positive things about smoking.

n = 187

Strongly agree	88.8%	(± 5.7%)
Somewhat agree	8.4	(± 5.2)
Somewhat disagree	1.4	(± 2.2)
Strongly disagree	1.3	(± 1.7)

Smoking sometimes makes a person more attractive.

n = 184

Strongly agree	1.1%	(± 1.6%)
Somewhat agree	1.2	(± 1.3)
Somewhat disagree	5.4	(± 3.7)
Strongly disagree	92.3	(± 4.2)

There are so many things that cause cancer, tobacco use is not going to make any difference.

n = 184

Strongly agree	11.0%	(± 5.1%)
Somewhat agree	9.5	(± 5.6)
Somewhat disagree	5.7	(± 3.9)
Strongly disagree	73.7	(± 7.5)

Would you ever use or wear something that has a tobacco company logo or picture on it?

n = 185

Yes	21.5%	(± 7.0%)
No	78.5	(± 7.0)

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?	n = 190	
Yes	12.2%	(± 5.6%)
No	87.8	(± 5.6)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?	n = 184	
Yes	15.4%	(± 5.6%)
No	84.6	(± 5.6)

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?	n = 189	
Yes	7.6%	(± 4.2%)
No	92.4	(± 4.2)

Tobacco companies should have the same rights to advertise their products as other companies.	n = 179	
Strongly agree	22.6%	(± 6.9%)
Somewhat agree	28.4	(± 7.4)
Somewhat disagree	12.5	(± 5.8)
Strongly disagree	36.5	(± 7.9)

Among people with children ages 12 to 17:

Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . .	n = 44	
We have talked about the dangers of tobacco use many times	*	*
We have had at least one conversation that I can remember	*	*
I don't remember a specific conversation, but my child knows how I feel	*	*
For now, I have not talked with my child about the dangers of tobacco use	*	*

Among people with children ages 12 to 17:

Have you told your child specifically that you do not want him or her to use tobacco?	n = 44	
Yes	*	*
No	*	*